

HEART



SMARTS™ PROGRAM

at BODY OF KNOWLEDGE HEALING ARTS

HEART SMARTS™ is a medically supervised program to prevent and treat cardiovascular conditions.

Can prevent or reduce your reliance on prescription medications.

Our experienced Naturopathic Doctors will show you how to:

Lower Blood Pressure

Balance Cholesterol Levels

Manage or Prevent Diabetes

Reduce your 10-year Risk for Heart Disease

CALL TODAY TO BOOK YOUR APPOINTMENT. Ask about a free 15-minute consult.



Cedarvale & Forest Hill's trusted experts in Naturopathic Medicine
1068 Eglinton Ave W. 416.783.1800 www.bokhealingarts.com